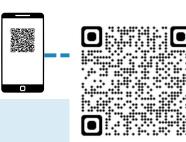




Take a photo to find out more about our work.



PREVENTING CHRONIC DISEASE WITH THE SCIENCE OF SUSTAINABILITY



WE CAN IMPROVE HEALTH...

Chronic diseases such as heart disease, cancer and diabetes are the leading cause of early death and disability worldwide.



BY SUSTAINING PROVEN CHRONIC **DISEASE PREVENTION PROGRAMS...**

We avoid wasting the millions of dollars that are spent on the development of these programs - many of which are abandoned within two years.



We can build community trust, protect investment of time & resources, and make a difference to public health.



MORE INVESTMENT IN SUSTAINABILITY RESEARCH IS NEEDED....

As less than 0.1% of public health research examines sustainability.

Sustainability research examines how to plan for, and support, the continued delivery of health programs that we know work.

At the National Centre of Implementation Science (NCOIS) we are researching how best to support sustained program implementation in real world settings.

We are...

WHAT IS

RESEARCH?

SUSTAINABILITY

- Developing new methods for measuring sustainability
- Undertaking national surveys to identify sustained programs in schools & early childhood education & care settings
- Identifying factors that influence sustained program implementation
- Testing the effectiveness of strategies to support sustained program delivery.

CONTACT:

- **Dr Nicole Nathan**
- Nicole.Nathan@health.nsw.gov.au

Dr Alix Hall

Alix.lvers@health.nsw.gov.au

Mr Adam Shoesmith

Assoc. Prof Serene Yoong 🕅 Adam.Shoesmith@health.nsw.gov.au 🛛 🖄 Serene.Yoong@health.nsw.gov.au